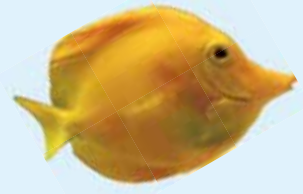




SPA + WELLBEING HOTEL

**SALINA** MARIS

THE SEA IN THE ALPS



BAD  
BREITEN



## In a time far away...

### Which minerals are in our natural brine?

■ Sodium chloride	(NaCl)	300 - 310 g/l
■ Calcium sulphate	(CaSO <sub>4</sub> )	4 - 4.2 g/l
■ Magnesium sulphate	(MgSO <sub>4</sub> )	0.1 - 0.2 g/l
■ Potassium chloride	(KCl)	40 mg/l
■ Strontium chloride	(SrCl <sub>2</sub> )	40 mg/l
■ Boric acid	(H <sub>3</sub> B <sub>3</sub> O <sub>3</sub> )	ca. 35 mg/l
■ Sodium bromide	(NaBr)	6 mg/l
■ Ammonium chloride	(NH <sub>4</sub> Cl)	ca. 3 mg/l
■ Lithium chloride	(LiCl)	1-2 mg/l

In addition there are traces of: iron (Fe<sup>2+</sup>/Fe<sup>3+</sup>), aluminium (Al<sup>3+</sup>), silicic acid (SiO<sub>3</sub><sup>2-</sup>), carbonic acid (CO<sub>3</sub><sup>2-</sup>).

At 15°C, the specific gravity of our natural brine is 1.207 g/m<sup>3</sup>.

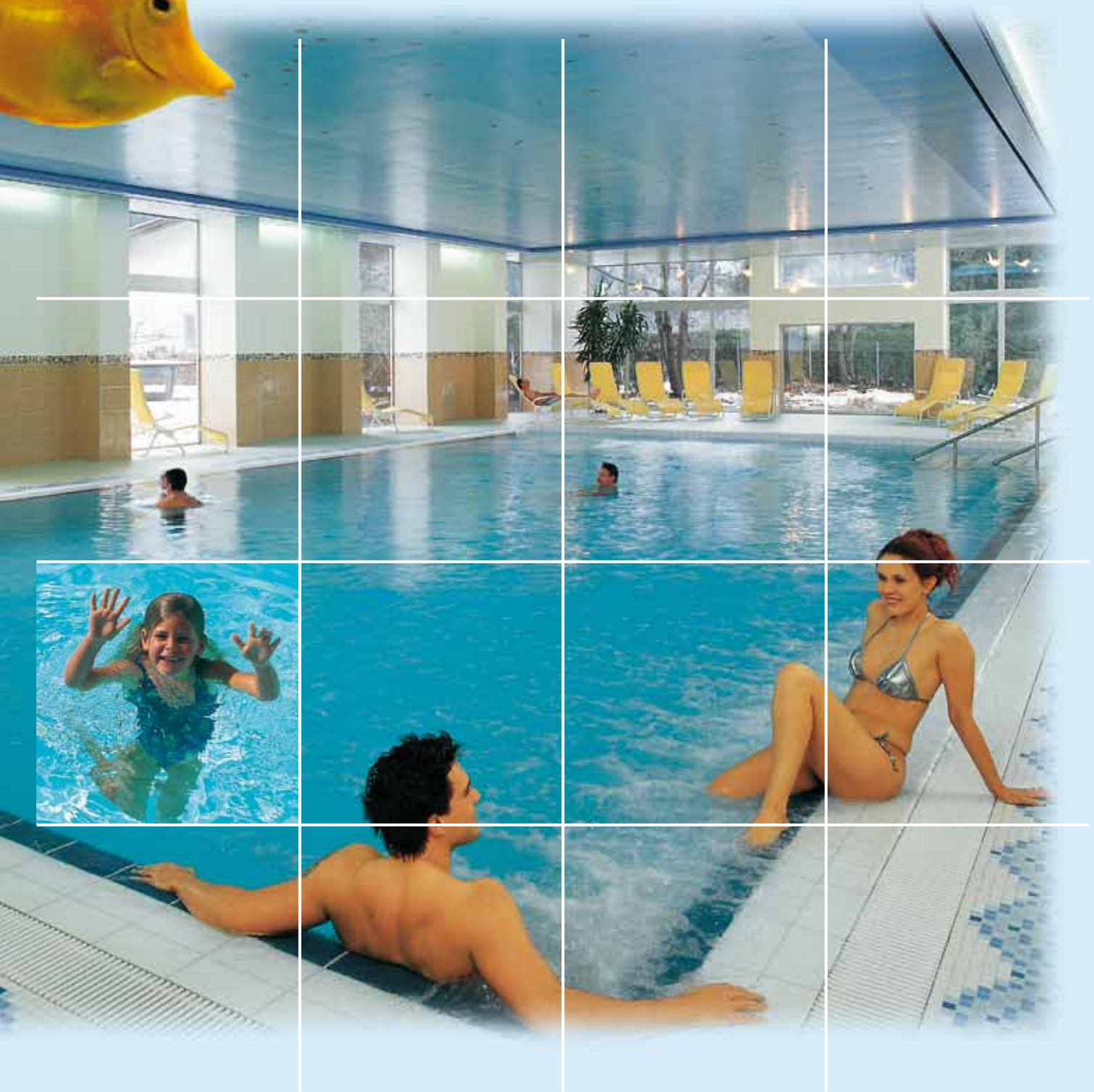
250 million years ago, the larger part of our world was covered by vast oceans. This was also true for most of Switzerland. Side-arms of the Tethys Ocean, which today still exists in a much smaller form as the Eastern Mediterranean, covered the alpine regions as far as the Alsace. During the following millions of years, the waters gradually retreated. Inland seas developed, evaporated, resubmerged and finally dried out. This gigantic process of evaporation and re-submersion lasted a hundred million years. Huge salt deposits remained on many parts of Switzerland, including for instance Schweizerhalle and Bex.

These salts conserve the entire mineral riches of 250 million years. Out of the womb of mother earth they are brought to Breiten. Once diluted in our pristine spring waters, these salts develop their full and vital healing force.



**Dive into our small inland sea and let the memories of 200-millions-year-old salt crystals reach you.**

DAS URMEER IN DEN ALPEN



**Take your time...**

**...to relax body and soul.**

Schweizer Heilbad





The more we venture away from our biological and spiritual bases, the more our vitalities are diminished. As one does not fall ill from one moment to the next, the process of healing takes time, too.

The healing effects of the salts used at Salina Maris continue long after the treatment. While the skin absorbs the minerals of the natural brine relatively quickly, they develop their full potential over time, hence rather slowly. The natural brine is the bearer of 250 million years of mineral history. The effect of a bathing in our healing waters intensifies with the passage of time to reach its peak often weeks after the treatment.



## Enjoy and Relax...





Everything at its time





**Families  
Welcome**

In Breiten young and old get together easily. From grand-children to grand-parents each generation finds its very own holiday entertainment. We offer various sports activities and facilities – such as hiking, fitness and health – as well as courses and events to keep you active and inspired.

Or else, simply unwind and let us pamper you.



# Our time is yours

health



Hiking



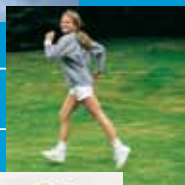
Swiss spa



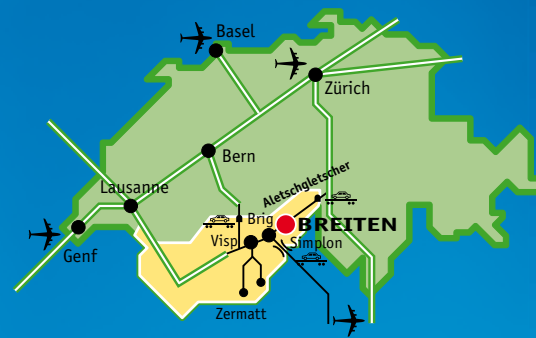
Sports



Slimming



Beauty



In the life of a mountain, a day is not even as long as a heart-beat. For a mayfly, however, it's a whole life. All of us have different life spans.

While the clocks in Breiten will not stay still, you can double your time staying with us – because we offer you ours.

We have created a lot of services for you and pride ourselves to take care of you.

